

Tuesday, April 8, 2025

TRIALS FOR THE WORLD ATHLETICS RELAYS

Athletics Kenya will hold Trials for the World Athletics Relays on April 12, 2025, at The Nyayo National Stadium, Nairobi. The Trials act as a yardstick to select Team Kenya that will compete at the World Athletics Relays, scheduled for May 10-11, 2025, in Guangzhou, China. This event is part of the broader preparations for the Road to Tokyo.

Trial Events

The following events will be used to select athletes for the relay teams that will represent Kenya at the World Relays in China:

- * 100m (Men and Women)
- * 400m (Men and Women)
- * 4x100m Relay (Men and Women)
- * 4x400m Relay (Men and Women)

Non-Trial Events (Exhibition)

While not directly related to the relays, these events offer athletes a chance to meet qualification standards for the World Championships in Tokyo. Athletes in non-trials (exhibition) events will also be eligible for prize money.

Exhibition events include:

- * 110m Hurdles (Men)
- * 100m Hurdles (Women)
- * 400m Hurdles (Men and Women)
- * 3000m Steeplechase (Men and Women)
- * High Jump (Men and Women)
- * Long Jump (Men and Women)
- * Javelin Throw (Men and Women)

NOTE:

- The World Relays Trials will be by invitation only. (list of invited athletes to follow)
- Athletes wishing to compete in the Non-Trials (Exhibition) Events are requested to register via the following link. https://forms.gle/a2oKUudrBXADBLC28
- All Athletes will be required to collect their bib/running numbers on Friday, 11th April 2025 at the Nyayo National Stadium starting from 9:00am to 6:00pm.

We wish participants all the best as they prepare for the World Athletics Relay Trial this coming weekend.

ATHLETICS KENYA

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